

A warm welcome to the World Congress of Chiropractic Students quarterly report.

The World Congress of Chiropractic Students (WCCS) is an international collaboration of chiropractic students representing the global student chiropractic population.

Our active membership consists of students from 26 chiropractic colleges worldwide.

Our purpose is to advance and unite the global chiropractic profession through inspiration, integrity and leadership.



Delegates at the AGM in Atlanta, Georgia (US) 2015

## President's Message

Hello, and welcome to the July 2015 edition of 'WCCS News', the quarterly publication keeping you informed and connected to the WCCS family!

Firstly, I know I speak for the entire organization when I say thank you to everybody who made the 2015 Annual General Meeting in Atlanta so incredible! Michael Hollerbach, Penny Aviles, and the rest of the Life University WCCS chapter and convening team, thank you so much for all of the hard work, countless hours, and endless love you put into creating the space that hosted and facilitated such an incredible group of people. I would also like to say a special thank you to Life University, and especially to Dr. Guy Riekeman, for the sheer amount of support and resources that they provided for this event from start to finish.

This year's AGM in Atlanta was packed with events, and congress was very busy as usual, so below I will just touch on a few of the highlights.

We can all be proud of our Community Humanitarian Assistance Program team, or CHAP for short, who arranged for over 100 chiropractic students to spend a few hours demonstrating the "Straighten Up

America's" postural exercises at an Atlanta Hawks NBA game to the 15,000 people in the Philips Arena. We decided to continue with our Annual Collective Focus initiative which resulted in multiple blood drives, chiropractic awareness events, spinal hygiene awareness events, and even a free hugs campaign last year alone.

We unanimously decided to begin the early steps of becoming a Non-Governmental Organization in official relations with the World Health Organization. We accepted one new school and one returning school into the WCCS membership, Texas Chiropractic College (TxCC) in Pasadena Texas has renewed its membership while Chiropraktik Akademie (CPA), associated with Dresden University in Dresden Germany, has become a member for the first time. And finally, after an incredible bid presentation, it was decided that the convener for the 2017 WCCS AGM will be Brandon Tong from Life Chiropractic College West (LCCW)! Brandon is planning on hosting near San Francisco in August 2017.

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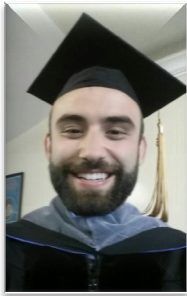
Listing of member colleges

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[www.facebook.com/thewccs](http://www.facebook.com/thewccs)

This year we have already had our AGM, committees are working at full speed, we have sent a representative to the Federation of Chiropractic Licensing Boards meeting, sent representatives to the World Health Assembly, and we sent members to the World Federation of Chiropractic/European Chiropractors' Union conference, where our representatives, Damiano Costa and Tone Granquist, gave some presentations! All that already and there is still so much more to look forward to! There are still more regional events coming this year, World Spine Day is coming up, we hope to be represented at the World Healthcare Students Symposium, and it is never too early to begin preparing for the April 2016 AGM in France!



**Derek Cardenas**  
WCCS President

## WFC/ECU Convention Report



*Tone Granquist (WCCS European director) and Damiano Costa (WCCS Vice president) presenting at the WFC Council Meeting*

This year Athens hosted the 13<sup>th</sup> WFC (World Federation of Chiropractic) & ECU (European Chiropractors' Union) biannual convention from the 10-16<sup>th</sup> of April. The WCCS was represented at this event by their BOD members, the European Director Tone Granquist and the vice-president Damiano Costa. This was a great week filled with

opportunities to interact and to gain experience. Several meetings took place prior to the convention, which the WCCS were invited to attend. The WCCS was also given the opportunity to present to the WFC assembly and the BOD of the WFC. Great interest and appreciation was shown in our aims to enhance the profession and the communication between organizations.

The ICRC is an informal group that works on regulation and legislation of the profession on an international level (<http://www.chiروهregulation.org>). During their meetings in Athens they spent time sharing information about the differences that exist among the international chiropractic regulatory bodies. Damiano Costa, as a member from the WCCS and its International Mobility Committee (IMC), was invited as an observer at the ICRC meetings and to present the progress of the IMC. They expressed interest in international mobility and chiropractic degree portability. Thanks to this, the IMC has the opportunity to be a member of the ICRC steering committee, which is a great achievement for the WCCS moving forward.

Tone Granquist was invited as an observer for the ECU meeting. This serves as an opportunity for European countries to come together and share their successes as well as challenges. This vital platform for communication helps aids resolution of challenges faced and encourages unity within the region. Country representatives gave an update and presentations, while several countries expressed plans to increase the number of Chiropractic institutions and the profession seems to be establishing itself more and more over European region, which is exciting news. Another presentation was then requested to be done about the WCCS with more focus on European region including time allocated to answer questions.



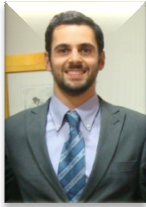
*Tone Granquist (WCCS European director) and Damiano Costa (WCCS Vice president) presenting at the WFC General Assembly*

The WCCS representatives also met with the CCEI board, comprised of representatives from all the international accrediting bodies. This meeting was productive in sharing student perspectives on accreditation and to gain an understanding of the importance of studying at an accredited college. This was the first step for future collaborations.

In summary, this has been a huge opportunity for our corporation to show its presence at an international chiropractic convention. The WCCS provides a platform to develop future leaders of the profession and to stay connected with the current global chiropractic leaders, which is crucial for the development of the profession worldwide. We would like to take this opportunity to thank the WFC, the ECU, the ICRC and the CCEI for their invitations; we value and appreciate their consideration of our presence as a valuable global chiropractic student organization.



**Tone Granquist**  
WCCS European director



**Damiano Costa**  
WCCS Vice president

# WHA Report

The World Health Organization is the highest health policy setting body in the world. It is made up of 194 member states that send their health ministers to meet once per year at the World Health Assembly (WHA) in Geneva, Switzerland. Besides just the 194 member countries, there are also a large number of Non-Governmental Organizations in official relations with the World Health Organization, otherwise known as NGO's, who are represented in Geneva during the WHA.

The World Federation of Chiropractic is one of those NGO organizations. The WFC has very kindly extended some of the space in their delegation to members of the WCCS in recent years, and I want to personally thank the WFC, Mr. David Chapman-Smith, and Dr. Greg Steward for their support of chiropractors, chiropractic, and the WCCS! This year, 4 members of the WCCS served as delegates of the WFC. WCCS Vice President Dr. Damiano Costa, immediate past WCCS president Dr. Luke Schmidt, first year AECC student Christian Sentker, and myself, went to Geneva for a week in May this year to learn, network, and have our minds collectively blown on the world stage.

I can't help but to think that, more than many other things in life, your opinions and take-away from the WHA are highly dependent on your world view before going into the event. Imagine four chiropractic students, one from Germany, one from Italy, one from South Africa, and one from the United States. Imagine sitting those 4 people, all of similar age and profession, down around a table and you ask them to come up with a solution or plan for dealing with each of the world's major health concerns; communicable diseases (e.g. Ebola), non-communicable diseases (e.g. diabetes, Alzheimer's), pollution, sanitation, war refugees, poverty, mental illness, natural disaster relief, etc. Imagine all the different answers and arguments you might get.

Now instead of four people imagine there are thousands of people. And instead of just chiropractors, imagine those people representing every healthcare discipline on



From left to right: Christian Sentker (AECC delegate, Luke Schmidt (former WCCS president), Damiano Costa (WCCS Vice president) and Derek Cardenas (WCCS president). At the World Health Assembly.

the planet. Now also imagine that those people are not just from four countries on three continents, but from two hundred countries from nearly every major culture and background in the world.

Imagine all of those people, all of those backgrounds, all of those professions and careers! Now give those people the same job you gave the four students from earlier, to come up with a solution or plan for dealing with each of the world's major health concerns, including communicable diseases, lifestyle diseases, pollution, poverty, war, climate change, and natural disasters.

And now, finally, imagine that MOST of those people don't really have any idea what chiropractic is.

Now you may be able to begin to imagine what it was like to be at the WHA.

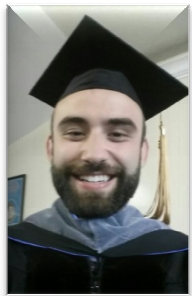
The scope and responsibility of the World Health Organization is massive, almost incomprehensible. Chiropractic's role may be very small in some of the big topics that the WHO is concerned with, like the thousands of medical workers who died trying to contain Ebola, or the 7 million people who die every year from air pollution exposure, but it is certainly should not be small in many other areas.

I am unsure where chiropractic will eventually fit into the world's health policy,

but I do know that our role will be much bigger than it is now. There are still billions

and billions of people around the world who have no idea that a chiropractic adjustment is even an option for their health, or for that of their families. How quickly these billions can get access to a chiropractor will be partially determined by the health policies set by the WHO and by individual governments. Right now, and in the foreseeable future, chiropractors who help educate policy makers about chiropractic, or chiropractors who become policy writers themselves, will be able to potentially impact millions more patients than they can through private practice alone.

**Derek Cardenas**  
WCCS president



# Inspiration for Integration Report

Inspiration for Integration was an unique student seminar run by the RMIT WCCS Chapter. Held on the 8<sup>th</sup> and 9<sup>th</sup> of May 2015, it brought the most up-to-date research in Chiropractic, Midwifery, Functional Neurology and Chemical Free living whilst having a practical component of meditation, mindfulness and yoga complementing the intensity of the weekend that would prime delegates into a receptive state of being.

The motivation for this seminar was brought about by the need for students to learn more about Chiropractic and its position in the health spectrum. Inspiration for Integration had many meanings in this context. Inspiration for life and learning how to express yourself when inspired. Integrating yourself to be congruent with your beliefs and everything that we learn in and out of university. It was about maximising everything you can, to maximise what you will get out of life.

The other never before event for a student

seminar, was an interactive, multidisciplinary health panel. Four qualified professionals, a GP, Naturopath, Physiotherapist and a Chiropractor presented how they would care for a patient with specific ailments who walked through their door. Seeing how each of the different professions would care, co-manage and use different techniques to care for their patient was fascinating. This activity was inspired by not being afraid to know what you don't know. Is so much information out in this world and different professionals are trained in techniques that we will not be taught. Systems are different for regulations, scopes of practice and duties of care, so knowing more about what other professions can do is going to help us expand our knowledge to what is available



and benefit our patients by getting them the best possible care.

The group that got to experience all or parts of this weekend were on the smaller side, but the students that were present had nothing but beautiful comments.

*"I wanted to let you all know how life changing the conference was on the weekend. It is difficult taking the time out of our busy schedules to attend, but I can honestly say that it has given me the confidence and motivation I needed to get through the next 6-7 weeks. To hear from professionals in our industry and related industries was insightful and empowering. I will attend each and every professional event that I can in the future. Worth the \$100 a thousand times over."*

**Chelsea Dickins**  
WCCS Secretary

# Meet the Board of Directors

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# 36<sup>th</sup> AGM of the WCCS: Convener Report

Thank you, thank you, thank you! My heart is full of love and gratitude for all of you. Thank you to all of you who sacrificed so much and worked so hard and did whatever it took to come to Atlanta for the 2015 Annual General Meeting. In my humble opinion it was a phenomenal success, a nearly flawless week. The 112 passionate people from 23 diverse schools representing fourteen countries created a loving, positive energetic vibe from the start. April 2015 will always be in my mind and heart as one of the most memorable times of my chiropractic education. The friends I made and the feelings that were shared helped me to fall more in love with chiropractic and totally admire the incredible people who represent chiropractic around the world. There are so many extraordinary people involved in WCCS. It amazes me each time I go to an AGM how dynamic, intelligent and inspiring each person is.

Some of the memories I will most cherish are the photos from the photo booth at the cowboy/cowgirl party. The sea of blue running through the streets of downtown Atlanta racing to get to Phillips Arena in time to go down onto the court. The numerous trips to the airport to greet and pick up old and new friends. The excitement that built with every smile and every hug as one by one people flew into town. Another fond memory that I think of often when I am walking on campus is all of the delegation photos at "The Hands." And, one of the most heartwarming moments for me was at the Georgia Aquarium when all of you were chanting my name. Thank you to all of you for helping create these lifelong memories.

Thank you to the most incredible leaders I have ever worked with. The BOD of the 2015 AGM was fantastic to work with. Shira, Brenna, Max, Derek and Luke were phenomenal to work with. In the year leading up to the AGM we never had one disagreement. Anything I wanted to do they were fully supportive and encouraging. Although we had Skype calls at numerous times of the day and night these people were committed and dedicated sacrificing sleep and study time in order to be on the calls. Luke's leadership was impressive he always kept a level head and never brought emotion into any of the decision making process. It was great to see how he ran things and was inspiring to see how Shira got the work done and kept everything so organized. It was an honor to work alongside these beautiful people. Personally, I think we made one helluva team.

A big thank you goes out to my Life U chapter. Their hard work and commitment to being outstanding hosts was awesome. I am so thankful for all they did to create such an incredible AGM. My co-convener Penny Aviles was with me every step of the way over these past two years. I can honestly say if it weren't for Penny and her impressive artistic skills and computer skills this AGM would have never been so successful. Her support of me emotionally when I was sad or angry about the plans for the event was priceless it is more than I can put into words. I am also very appreciative of all Dr. Riekeman did to support us both financially and emotionally. I am grateful for all of the Life University staff and faculty who helped in so many different ways. There are so many aspects of putting together one of these events and so many people's efforts go unrecognized. It was a complete team effort organizing and implementing this event and I must say we had a great team.

Although as delegates we come from different places and have different beliefs we all have the common belief in the WCCS mission and live for Unity in the profession. We are the future leaders of the profession and it is up to us to end the infighting within the profession and bring unity to a profession that so badly needs it. I appreciate all of you very much and I look forward to watching as our profession grows around the world and WCCS members step up and lead the way. We are the cream of the crop; we are the fortunate ones who "get it." We are blessed to be involved in the WCCS family and it is up to us to be the change in the world, to take the WCCS mission to the rest of the profession and create unity out of infighting. Thank you for being in the family and thank you for changing the world one spine at a time!



I love and appreciate you all,  
Your 2015 Convener,  
**Michael Hollerbach**



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# Save the Date!



WCCS African Regional Event  
Adjusting Knowledge

**2nd African Regional Event – 2015**  
Hosted by DUT, 8<sup>th</sup> – 10<sup>th</sup> August  
Durban, South Africa



**4th Western Pacific Regional Event – 2015**  
Hosted by Murdoch, 11<sup>th</sup> – 13<sup>th</sup> September  
Perth, Australia



**2nd American Regional Event – 2015**  
Hosted by UNEVT, 24<sup>th</sup> – 26<sup>th</sup> September  
Toluca, Mexico



**3rd European Regional Event – 2015**  
Hosted by BCC, 16<sup>th</sup> – 18<sup>th</sup> October  
Barcelona, Spain

## 37<sup>th</sup> AGM of the WCCS: Convener Report

I became involved with the WCCS at IFEC early on in my first year of school. About one year later I attended my first Annual General Meeting (AGM) in Durban, South Africa, and that is when I learned how lucky I am to be a part of this family. If you're a chiropractic student who wants to open your mind, find inspiration, learn more about chiropractic and about yourself, or simply if you want to meet other people as passionate as you are, don't think twice and attend a WCCS event.

I'm Solenne de Wavrechin, an IFEC 4th year student and also the convener for the 2016 Annual General Meeting (AGM) which will take place in Paris between the 22nd and 29th of April. Justin Adams in Durban, Guillermo Busto in Malaga and Michael Hollerbach in Atlanta did amazing jobs for

the congresses I attended. Our team from Paris and Toulouse is working fiercely to follow their lead and every day, we are getting closer to our purpose. We want to give you an experience that will stick to your heart and mind.

Let me tell you about our profession in France. There are now about 800 chiropractors practicing legally here, but it has not always been like this. 13 years ago we were still outlaws, even though our school has existed for 30 years. Making room for chiropractic in the health care system and getting it the professional recognition it deserves is a tough job. Many French students feel concerned about this process and are doing their best to help. That's why we are so happy to host the 38th congress.

During your stay in Paris, we will introduce you to the last chiropractor who was convicted for illegal practice of medicine in our country. We have invited fantastic speakers from all over the globe so that you'll be able to benefit from their teachings and experience. During the day off you will have the chance to enjoy our capital, Paris, which is filled with history and culture.

We hope many of you will come to share this unique event with us!



**Solenne de Wavrechin**

36<sup>th</sup> AGM Convener

# AGM Community Service Project

This year all WCCS delegates got up and close with Atlanta’s basketball fans to help them become more aware of their spines and their health. WCCS students were posted at the doors of the entrance to Philips Arena where thousands of Atlanta Hawks fans streamed in to watch the game. Our purpose was to teach spinal hygiene exercises to the local community.

Each year the CHAP (Chiropractic Humanitarian Assistance Program) committee works with our AGM convener in finding an activity that all WCCS students can participate in to give back to the hosts’ local community. This year CHAP worked closely with Straighten Up America and the stadium to have the opportunity to help thousands of spines to become healthier with awareness and simple exercises.

The idea was to have fun and influence as many people as possible. The message was simple, having a healthy spine contributes to a healthy life!

All 123 delegates from 25 colleges played their role, wearing blue WCCS T-shirts with this year’s logo. Our goal was to approach passersby and communicate and demonstrate spinal health and exercises; the

hummingbird, eagle and butterfly. For some of us this was easy and for others it was a great challenge outside the normal comfort zone. For all it was a great learning experience. We are chiropractic students and new graduates abundant with knowledge and eager to spread the word and help as many as we can to be in a great state of health. What an incredible opportunity! Health communication is integral to chiropractic practice and what better way to do it than in front of an audience of thousands!?

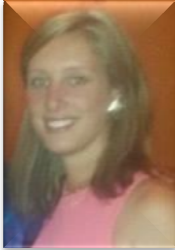
As WCCSers we aspire to inspire with integrity and leadership and we certainly had a presence with people spontaneously breaking out into the exercises in front of us.

Without a doubt we, as budding chiropractors, are all committed to improving global health. How incredible that an Atlanta basketball fan could be taught to take better care of their spine from a united



Members of the CHAP committee at the Atlanta Hawks game

team of chiropractic students from Malaysia, France and California, to name a few, all in one moment. As global citizens we can practice sharing the message of chiropractic to those around us. We can utilise our knowledge of the human body and mind to help others to become more educated, aware and connected with themselves and their health.



**Nicola Steward**  
(Macquarie University, AUSTRALIA)

# Congress 2015 Awards



**Best Delegation:** Life Chiropractic College WEST (LCCW)



**Best Delegate:** Chanelle Scott-Crossley (UJ)



**Best New Delegate:** Johannes Mackeprang (SDU)

# Member Colleges

## Africa Region

Durban University of Technology (DUT) | South Africa

University of Johannesburg (UJ) | South Africa

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## Americas Region

Universidade Anhembi Morumbi (UAM) | Brazil

Canadian Memorial Chiropractic College (CMCC) | Canada

Université du Québec à Trois-Rivières (UQTR) | Canada

Universidad Estatal de Valle de Toluca (UNEVT) | Mexico

Life Chiropractic College West (LCCW) | USA

Life University | USA

Palmer College of Chiropractic, West (PCCW) | USA

Parker University | USA

Sherman College of Chiropractic | USA

Southern California University of Health Sciences (SCUHS) | USA

Texas Chiropractic College (TxCC) | USA

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## European Region

Syddansk Universitet (SDU) | Denmark

Institut Franco-Européen de Chiropratique (IFEC) | France

Barcelona College of Chiropractic (BCC) | Spain

Madrid College of Chiropractic (MCC) | Spain

Anglo-European College of Chiropractic (AECC) | United Kingdom

McTimoney College of Chiropractic | United Kingdom

Welsh Institute of Chiropractic (WIOC) | United Kingdom

Chiropraktik Akademie (CPA) | Germany

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## Western Pacific Region

Central Queensland University of Australia (CQU-A) | Australia

Macquarie University | Australia

Murdoch University | Australia

RMIT University | Australia

Tokyo College of Chiropractic (TCC) | Japan

International Medical University (IMU) | Malaysia

New Zealand College of Chiropractic (NZCC) | New Zealand

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