



QUARTERLY REPORT

March 2025

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PRESIDENT'S MESSAGE



JOSHUA W. BOUDAR
PRESIDENT

Greetings,

This spring is shaping up to be a busy season for the WCCS. Thank you for taking the time to read this quarterly report. I am excited to share my reflections from the past few months. As we move into the spring season, many of the regional events are already underway. I recently attended the American Regional Event in Kansas City, hosted by Cleveland University. The event was attended both in person and virtually by delegates from the United States and Canada. Many of the speakers were faculty members from Cleveland University, along with a doctor from the surrounding Kansas City metro area.

A few of the standout moments for me included the opportunity to provide community service at Harvesters Food Pantry, visiting Innate Family Chiropractic, and exploring the Nelson-Atkins Museum of Art. You may not always be aware of the work that goes on behind the scenes to organize these regional events, but I would like to express my deep gratitude to the WCCS Chapter at Cleveland University for hosting such an incredible event. This was their first year back in the WCCS after being voted back in at the 2024 Annual General Meeting in Veracruz, Mexico, and they truly exceeded expectations. I'd like to give a special shout-out to Sierra James, president of the Cleveland University WCCS chapter, for her hard work and sleepless nights while organizing this regional event.

The European Regional Event is hosted by the WCCS chapter in Zürich, Switzerland, the weekend of March 21-23. As of this writing, the event is set to host over 30 WCCS delegates from across the European Region. Additionally, the African Regional Event is planned for April 25-26, hosted virtually by the DUT chapter in South Africa.

Registration is now open for the 2025 Annual General Meeting, which will be hosted by the chapter at Southern Denmark University. Be sure to mark your calendars—AGM 2025 will be held from July 6-11 in Odense, Denmark. For more information and to register, please visit our website at <https://wccsworldwide.org/event/agm-2025-denmark-odense/>.

To all the new chapters interested in joining the WCCS, we are happy to provide you with the information and resources to help get you started. Please contact us through our website or via our social media pages.

Sincerely,

Joshua W. Boudar
President, WCCS

SECRETARY UPDATE



Dear WCCS Members,

I had the privilege of attending the FICS Symposium in Kuala Lumpur from March 14th to 16th, 2025. It was an excellent opportunity to strengthen our relationship with FICS and explore future collaborations. The event was inspiring, and I'm excited for the possibilities ahead for sports chiropractic.

At the symposium, I attended the Executive Committee (ExCo) meeting, gaining valuable insight into FICS' global operations. The discussions with industry leaders reinforced the importance of collaboration and innovation in our field.

FICS Symposium Highlights

The symposium, themed "Navigating the World of Sports," featured expert speakers and workshops on topics like:

- Fascia of the upper limb
- Hip, knee, ankle, and foot rehabilitation
- ACL injury management
- Connective tissue injuries
- Shockwave therapy
- Biomechanical taping techniques

The event concluded with a panel on parasports, highlighting the importance of inclusive care for all athletes.

Upcoming Events – Get Involved!

African Regional Event – Durban University of Technology

Join us for the African Regional Event on April 25th-26th, 2025, at Durban University of Technology. It's a great chance for networking, workshops, and knowledge exchange.

📌 Registration is NOW OPEN!

Annual General Meeting (AGM) – Odense, Denmark

The 2025 AGM will be held in Odense, Denmark, from July 6th-11th. It's a key event for discussing chiropractic's future, networking, and participating in leadership elections.

📌 AGM Registration is NOW OPEN!

Check your chapter emails and social media for registration details.
Need Help?

If you have any questions or issues with registration, please contact me at secretary@wccsworldwide.org.

I look forward to seeing you at these events and continuing to grow the WCCS community!



PREELAN GOVENDER
SECRETARY

FINANCE UPDATE



Dear WCCS Members,

We are pleased to inform you that the tax season is now officially complete, and all required documents have been submitted to our accounting firm.

Chapter Membership Fees – Action Required

Recently, an email was sent regarding the chapter membership fee for the upcoming year (\$1000 CAD). This fee is crucial for maintaining your chapter's voting rights at the AGM and for the ability to nominate members for the Team of Officials. You'll find detailed instructions for payment in that email. The payment deadline is May 23rd, so please ensure it is completed on time to secure your chapter's participation.

AGM Registration Now Open!

We are excited to announce that individual delegate registration for the AGM is now open! This is your chance to network with peers, attend engaging discussions, and be part of the global chiropractic community.

How to Register?

Simply head over to the Events section of the WCCS website and complete your registration!

Important Registration Deadlines:

- Early Bird Pricing: Available until April 11th – Don't miss out on discounted rates!
- Regular Pricing: Available until May 8th
- Late Registration Pricing: Available until May 23rd



DANYKA BEDARD
FINANCE

Secure Your Spot!

A deposit is required to confirm your registration, so we encourage you to complete the process as soon as possible. If you have any questions, feel free to reach out. We can't wait to see you at the AGM!

Best regards,

Danyka Bédard
Director of Finance

INTERNAL AFFAIRS UPDATE



Greetings WCCS Community,

I am pleased to share the incredible progress our organization has made over the past quarter. Our commitment to growth and collaboration continues to strengthen the WCCS network, fostering connections and expanding our reach worldwide.

We are excited that regional events have begun, and it's great to see strong attendance from our members. These meetings are crucial for fostering discussions, building connections, and shaping the future of WCCS. Additionally, the Annual General Meeting (AGM) in Denmark is fast approaching this summer, and we strongly encourage everyone to register. You can sign up on our website, and if you have any issues with registration or questions, please don't hesitate to reach out.

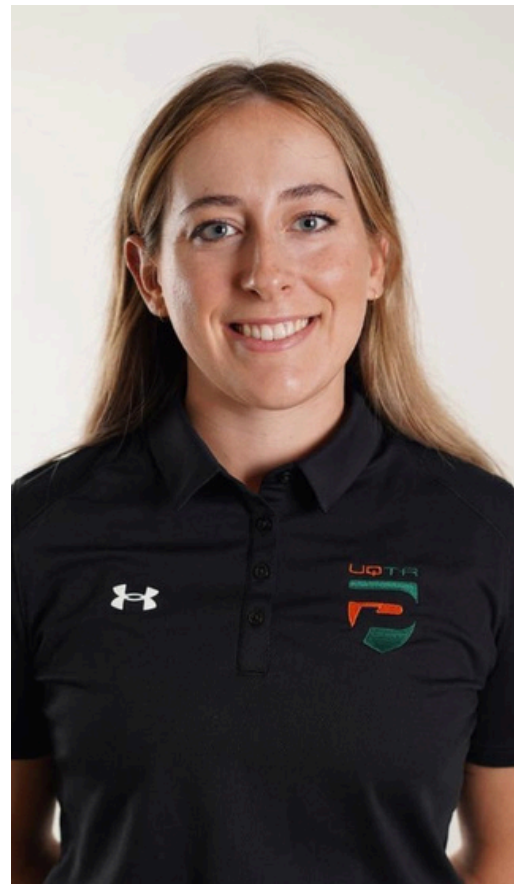
This AGM is especially significant as we look forward to welcoming new potential chapters, many of which may soon become official members of the WCCS family. Our expansion reflects our shared commitment to uniting chiropractic students worldwide and furthering our mission. Each new chapter strengthens our global presence and brings us closer to connecting with even more schools.

As we continue to grow and unite, I want to express my deepest gratitude to every member for your unwavering dedication, hard work, and passion for this organization. Together, we are making a meaningful impact, and I look forward to all that we will accomplish in the months ahead.

See you all at the upcoming events!

Best regards,

Gabrielle Nepton
Director of Internal Affairs



GABRIELLE NEPTON
INTERNAL AFFAIRS

EXTERNAL AFFAIRS UPDATE



FLORIAN ALLIX
EXTERNAL AFFAIRS

A Stronger Partnership and an Exciting European Event!

Great news! The partnership between the WCCS and World Spine Day is set to be stronger than ever in the coming years. Our goal? To provide you with more structured support and concrete tools that will help you get involved and maximize the impact of your actions. Each year, the most active chapters and schools will be recognized and rewarded, so why not get involved? The World Spine Day campaign has already begun, and we'll keep you updated on the next steps. In the meantime, feel free to visit the World Spine Day and WFC websites to learn more!

Currently, I'm at the European Regional Event in Zurich, which is an amazing opportunity to meet other chapters and chiropractic students from across Europe. The atmosphere is both academic and welcoming, with enriching lectures, valuable exchanges, and plenty of chances for future chiropractors to share their passion. These events serve as a fantastic source of inspiration and strengthen our commitment to working together for the future of our profession.

Get ready for an incredible event packed with chiropractic insights, interactive workshops, and cultural experiences waiting to be discovered! This is a great opportunity to build powerful connections and expand your network. It's also the perfect time to discuss World Spine Day and brainstorm strategies for mobilizing our schools and promoting spinal health on a global scale.

The adventure continues, so stay tuned for more updates and get ready to make your chapter shine at World Spine Day!

Yours,

Florian Allix
Director of External Affairs

PUBLIC RELATIONS UPDATE



As we near the end of March, I'm excited to share an update on the progress and collaborations that have shaped the first quarter of this year.

One of the most exciting projects this quarter has been collaborating with WCCS members on the video production and social media designs for the 2025 Annual General Meeting (AGM) in Odense, Denmark. Through creative brainstorming sessions, we've worked to highlight the unique aspects of the event, aiming to capture the essence of Denmark and generate excitement for AGM 2025. We're also looking ahead, laying the foundation for the 2026 AGM with creative concepts for the introduction videos.

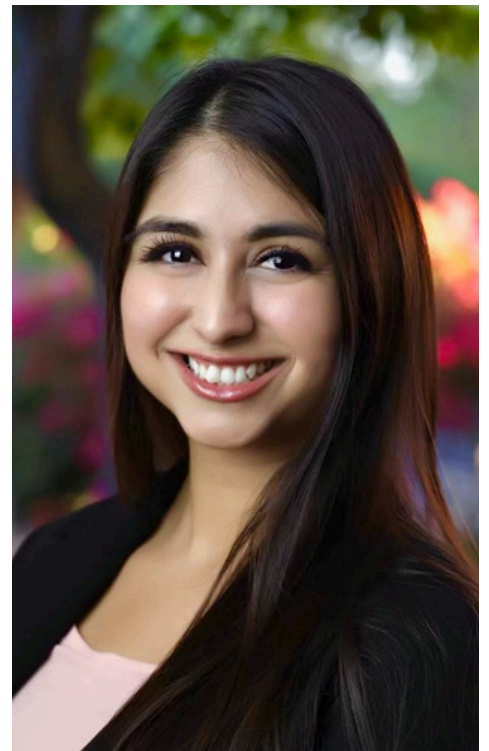
The 2025 Annual General Meeting (AGM) will be held in the picturesque city of Odense, Denmark, from July 6 to 11, hosted by the WCCS Chapter at the University of Southern Denmark (SDU). This annual event brings together delegates from chapters worldwide to discuss key organizational matters, elect the new Team of Officials, and vote on crucial proposals. Beyond the formal proceedings, the AGM offers a rich program of speakers and workshops focused on a variety of chiropractic and healthcare topics, providing an excellent opportunity for attendees to expand their knowledge. Additionally, the AGM fosters valuable networking opportunities, allowing participants to build lasting international relationships. The SDU chapter is thrilled to welcome delegates with an exciting lineup of inspiring presentations, social events and a truly immersive experience in Danish culture.

Be sure to check out our well-crafted posts and designs for the AGM event, which will give you a glimpse into the exciting plans we have for this year's gathering. Stay tuned for more updates as we continue to build anticipation for this incredible event!

I look forward to seeing many of you at the upcoming AGM in Denmark and continuing our work together to advance the WCCS mission.

All the best,

Your Director of Public Relations,
Daniely Mendoza



DANIELY MENDOZA
PUBLIC RELATIONS

REGIONAL UPDATES

AFRICA

Sawubona or hello from South Africa,

I hope the year has started off on a positive note for everyone. I'm excited to share some recent updates from the African region.

The Durban University of Technology (DUT) chapter has been incredibly active, making a real impact through two community service initiatives: one at a local soup kitchen and another through a sandwich drive. They also volunteered at a paddle event, furthering their commitment to service. In addition, their recent Galentine's fundraising event was a huge success, drawing an impressive turnout and fostering great engagement within the community.

The DUT Chapter also participated in a Big Brother meeting with the Barcelona College of Chiropractic (BCC) and the University of Zurich (UZH). This insightful session sparked meaningful discussions and helped forge valuable new connections between chapters.

Looking ahead, we have some exciting events lined up, providing students with more opportunities to get involved and make a difference. The highlight of our upcoming events is the African Regional Event, taking place in Durban on April 25th and 26th. This promises to be an enriching and impactful conference, and registration is now open—so we encourage all students to participate and be part of this exciting experience.

For more updates, be sure to follow our Instagram pages! @wccsdut, @africanre2025

-Nikhita Nathoo, African Regional Coordinator, WCCS

AMERICA

Hello everyone,

I hope you've all had a great few months! I'm excited to share some updates on how the Americas region has been progressing lately.

The American Regional Event, held from March 7th to 9th at Cleveland University in Kansas City (CUKC), was an incredible experience! We were fortunate to have participants fly in from Canada (UQTR, Trois-Rivières) and California, as well as others join us online from CMCC in Toronto and Life University in Florida.



As we move forward, the American chapters are gearing up for exam season and making preparations for the AGM in Denmark this July. Fundraising activities have been going wonderfully, with a highly successful bingo night organized by the UQTR chapter, as well as a bake sale and Valentine's Day events hosted by CUKC.

Good luck to everyone preparing for exams, and I look forward to what the next few months have in store! Stay tuned for more updates!

-Esteban Larochelle, Americas Regional Coordinator, WCCS

EUROPE

Hi everyone,

The past three months have flown by, and I'm excited to share another update from the European Region!

January was a busy month for most schools as they wrapped up exam season—I hope it went well for everyone. Despite this, the European Region stayed active, particularly in preparations for the European Regional Event, which took place from March 21st to 23rd and was a huge success. With 39 participants from six different chiropractic schools, attendance nearly doubled compared to the previous year. We were also honored to welcome two WCCS alumni from Life University for this special weekend. Additionally, we were thrilled to host attendees from Health Science University (HSU) and the Scotland College of Chiropractic (SCC), who are working toward establishing a Chapter and joining the WCCS in the future. Please find a more detailed report on the event further down in this Quarterly Report.

Meanwhile, the SDU Chapter has been actively preparing for AGM 2025, scheduled for July 6th–11th. Registration opened on February 27th, so be sure to sign up and secure your spot! Don't miss out on the Early Bird tickets! Also, keep an eye on the event website for updates on speakers and the schedule, as we'll be sharing new information regularly.

On another exciting note, the Big Brother Program has been growing from regional to international. The European Chapters were able to connect with students from other continents, fostering meaningful exchanges about chiropractic education, philosophies, and aspirations for furthering their studies. Looking forward to more great months ahead—stay tuned for further updates!



European Regional Event attendees take time out to pose for the camera!

WESTERN PACIFIC

TKia Ora, Konnichiwa, Nǐ hǎo, Ya pulingina, Hello!

It's a pleasure to report on the progress of the Western-Pacific region! Although we are geographically on the other side of the world, we've certainly been busy over the past few months.

This quarter, we held a successful regional meeting with NZCC and ACC. Although meetings with Murdoch University have been limited, we are actively working to arrange a meeting with a representative from their chapter to explore ways to increase student engagement.

We continue to encourage interest from potential new chapters in the region, and I'm working hard to support them as they learn more about our wonderful organization and hopefully join!

NZCC has been working diligently and recently hosted their first event, "Dinner with Docs." The event was well-attended and provided valuable insights. A big congratulations to EJ and the NZCC team for their hard work and dedication in making this event a success!

In addition, we had a successful "Big Brother" call between NZCC and IFEC Toulouse on the last day of February. We had an engaging conversation lasting just under an hour, discussing fundraising strategies, our reasons for joining the WCCS, and connecting on a deeper level. We hope to have more of these calls before the academic year concludes.

We are looking forward to sharing the final details for the West-Pac Regional event, which will be taking place online in the upcoming months. Stay tuned to all our social media channels for updates, and we hope to see many of you there!

Until next time, good luck with the rest of the academic quarter!

-Tamia Abrahams, Western Pacific Regional Coordinator, WCCS



NZCC at their successful "dinner with Docs" event!



COMMITTEE UPDATES

Hi, and welcome!

As we move forward into 2025, we've witnessed exceptional cooperation and thorough communication between the proposal applicants and the legislative committee. I want to highlight the countless hours the authors have dedicated to crafting their proposals, along with the extensive research they've conducted to support each potential benefit of these additions.

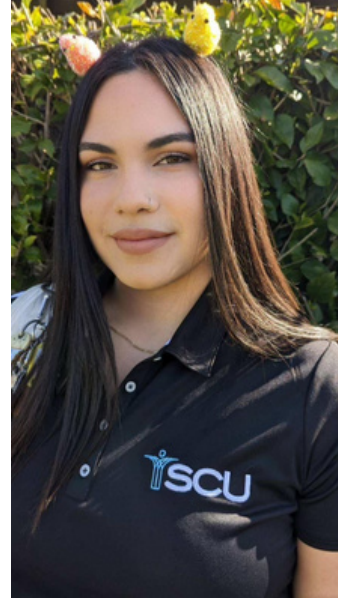
Following our most recent weekly meeting, we provided constructive feedback on each proposal, preparing them for submission of the second draft. Feedback from the first draft included formatting issues, editing mistakes, and occasional blank spaces, which gave us an opportunity to view the proposals from a fresh perspective.

In the coming weeks, we'll have the opportunity to present any modifications deemed essential for the final document, which is expected to be submitted in June. One of the proposals I'm particularly excited about is streamlining the responsibilities of our new chapters. I believe that one of the best ways to ensure our community remains strong and chapters thrive after installation is by properly advising them on the benefits and significance of attending WCCS activities.

Thank you for your continued support and involvement!

-Camryn Arledge, Legislative Chair, WCCS

LC CHAIR



LC SECRETARY



Hi everyone!

The legislative committee has been working diligently over the past couple of months to reformat and update the SOPPs and By-laws, and we are proud to announce that we are officially finished! Additionally, since January, we've been working on a few proposals, and we will continue to refine them as much as possible. We can't wait to present all the proposals to you at the AGM!

Thank you for your continued support!

-Megan Gélinas, Legislative Committee Secretary, WCCS



LC EDITOR



Hi members!

We've been working hard recently to finalize the proposals that will be presented at the AGM in Odense. Our team has been meeting and coordinating our schedules to make this happen.

And the best part— the SOPPs and By-laws are ready!

We hope you find everything to your liking!

-Laurine Barbier, Legislative Committee Editor, WCCS



WCCS INTERNAL COMMITTEES

MARKETING COMMITTEE

We're thrilled to share the latest updates from the Marketing Committee:

2025 Regional Events:

We've been hard at work creating and designing engaging social media posts for the upcoming 2025 Regional Events. The response has been incredible, and the content has proven to be both productive and impactful. It's been a rewarding experience to see these efforts resonate with our community, and we're excited to continue driving awareness and excitement for these events through creative and dynamic visuals!

2025 AGM Logo and Videos:

Starting in 2025, the Marketing Committee will hold monthly meetings on the second Sunday of each month. We'll be sharing a link for those interested in contributing to the creation of marketing videos, social media posts, and announcements for the 2025 Annual General Meeting in Denmark, as well as other WCCS events. Our goal is to raise awareness of the many benefits of the World Congress of Chiropractic, promote WCCS activities, and encourage active participation in the upcoming AGM.

Additionally, we're looking for passionate individuals who want to help refine our strategies and expand our reach. Whether you specialize in branding, social media, content creation, or simply have a strong commitment to our mission, we would love to collaborate with you!

If you're interested in contributing, please reach out to us at publicrelations@wccsworldwide.org or send us a direct message on Instagram @wccschiro.

Let's join forces to create innovative campaigns and elevate our dynamic brand to new heights!



WCCS INTERNAL COMMITTEES

CHAP (CHIROPRACTIC HUMANITARIAN ASSISTANCE PROGRAM)

The Chiropractic Humanitarian Assistance Program (CHAP) is a dedicated committee focused on enhancing community service within active chapters of the organization. CHAP plays a crucial role in promoting the importance of giving back to the community.

This year, through various initiatives, the committee is encouraging chapters to engage in service projects that not only benefit local communities but also deepen the understanding of chiropractic care. Recently, the DUT chapter successfully organized two community service events, showcasing their commitment to making a positive impact. Additionally, the American regional event is planning a similar initiative, further reinforcing our dedication to community engagement and service.

We are extremely proud of the ongoing efforts from our chapters and look forward to seeing even more impactful initiatives in the future. If your chapter is interested in organizing a community service event, CHAP is here to provide support and guidance. We also encourage chapters to share their community service activities with us, including pictures, so we can highlight their amazing work and inspire others to take action.

Together, we can continue to make a meaningful difference in spinal health worldwide.

Email: chap@wccsworldwide.org



WCCS INTERNAL COMMITTEES

WORK ABROAD COMMITTEE

Dear Members,

The Work Abroad Committee is committed to documenting the steps required to become a chiropractor in various countries. This year, we will continue to compile comprehensive information and create valuable resources to support our members.

If you are interested in joining this committee, your participation and insights would be greatly appreciated and can significantly enhance our efforts. Together, we can provide essential guidance and support to those seeking to navigate the complexities of international chiropractic practice.

To join, please contact the Director of Internal Affairs, Gabrielle Nepton, at internalaffairs@wccsworldwide.org. Gabrielle will provide you with more information on how to get involved.

Thank you for considering this opportunity to contribute!



BIG BROTHER PROGRAM

The Big Brother Program continues to thrive and make significant progress in fostering global connections within the chiropractic student community. As of March, the program has seen a notable increase in engagement, with numerous chapters coming together, some for the first time. This has created invaluable opportunities for students to connect, share experiences, and build lasting relationships.

We are also excited to announce the successful launch of our international meetings. These cross-continental gatherings are providing an incredible platform for students from around the world to collaborate, exchange ideas, and enhance their chiropractic journeys. The program's expansion into these global interactions is a testament to the growing strength and unity of the international chiropractic student community.

We are eager to continue this momentum and create even more opportunities for students to learn, grow, and connect across borders.

ORGANIZATION UPDATES AND ACTIVITIES



UPCOMING EVENTS

AGM 2025 in Odense, Denmark

Hello everyone,

We, the WCCS SDU chapter, are thrilled to announce that we are in the final stages of preparing for the Annual General Meeting (AGM) this summer in Odense. We can't wait to showcase the incredible event we've been working hard to plan!

Throughout the week, attendees will have the chance to participate in a variety of activities across the beautiful city of Odense, including world-class speakers who will share the latest evidence-based knowledge and offer hands-on, high-quality clinical experiences. Be sure to save the dates — July 6th to 11th, 2025 — and join us for an enriching and unforgettable event!

All 14 members of the SDU chapter are eagerly awaiting your arrival in Odense this summer. We can't wait to create lasting memories together!

Registration officially opened on March 14th, so don't miss out — register now to take advantage of our early bird rates! Please find the pricing details and ticket availability below.

Be sure to regularly check our website and social media channels for event updates as we continue to finalize the details.

See you in Odense!

Facebook: "WCCS – SDU"

<https://www.facebook.com/WCCS.SDU>

Instagram: "wccs_sdu"

https://www.instagram.com/wccs_sdu/

Conference fees

Date	Attendee	Price
14/3/2025 - 11/4/2025	WCCS early bird	1200 CAD
12/4/2025 - 8/5/2025	WCCS regular bird	1400 CAD
9/5/2025 - 23/5/2025	WCCS late bird	1500 CAD
14/3/2025 - 23/5/2025	Observation/Alumni fee(per day)*	165 CAD
14/3/2025 - 23/5/2025	Welcome reception	75 CAD
14/3/2025 - 23/5/2025	Alumni evening	40 CAD
14/3/2025 - 23/5/2025	Day off (Thursday)	165 CAD
14/3/2025 - 23/5/2025	Gala night (Friday)	210 CAD

UPCOMING EVENTS

Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning		Official AGM 2025 Congress Opening	Congress	Speakers	Daytrip	Speakers Hands on	
Afternoon	Check-in 3 pm	Congress	Speakers	Discussion group activity	Daytrip	Voting + election	Checkout 12 pm
Night	Welcome Reception and Dinner	Social Activity	School tour	Congress	Daytrip	Gala night	

What to expect

1. One whole week with students and colleagues from around the world
2. A lot of connections with new friends and future colleagues
3. An opportunity to learn from world-class speakers
4. Business AGM and election of a new Team of Officials
5. Activities and cultural experiences in Denmark
6. Gala night!



For further questions please contact

info@wccsworldwide.org

sdu@wccsworldwide.org



REGIONAL EVENT REPORTS

AMERICAN RE: MARCH 6 - 9, 2025 KANSAS CITY

A weekend for the American Region to connect and engage!

The American Regional Event (ARE) 2025 took place from March 7th-9th at Cleveland University – Kansas City (CUKC) in Overland Park, KS. This year's event saw five schools in attendance: three in person (CUKC, Université du Québec à Trois-Rivières, and Southern California University of Health Sciences) and two virtually (Canadian Memorial Chiropractic College and Life University).



Saturday included a volunteer session at Harvesters, a local food redistribution organization, where attendees worked with CUKC's Delta Sigma Chi chapter. The group also visited the Nelson-Atkins Museum of Art, sparking interesting conversations, including one about a statue depicting a man with spina bifida. The day concluded with a tour of a chiropractic office, where Dr. Thomas Adams shared his experience running a private practice.

Throughout the weekend, delegates engaged in open discussions on topics like AI in chiropractic marketing, the influence of insurance, and strategies for local practitioner referrals. Evenings were spent connecting over delicious meals, including Kansas City barbecue.

Sunday featured a debrief session, where delegates reflected on the event and shared feedback. The group also expressed excitement for the upcoming Annual General Meeting in Denmark.

The ARE 2025 was a memorable event that fostered connections and reinforced the importance of international chiropractic relationships. The CUKC chapter thanks all delegates and sponsors, Cleveland University – Kansas City and the American Black Chiropractic Association, for making the event possible. The WCCS chapters in the Americas are already looking forward to the AGM in Odense this July!

SPECIAL MOMENTS

American RE 2025: Kansas City



EUROPEAN RE 2025: Zurich, Switzerland

The WCCS European Regional Event 2025 took place from March 21st to 23rd in Zurich, bringing together chiropractic students and professionals from across Europe. Participants from institutions like IFEC Paris and Toulouse, University of Southern Denmark (SDU), Scotland College of Chiropractic (SCC), Health Sciences University (HSU), University of Zurich (UZH), and Life University alumni enjoyed a weekend full of lectures, workshops, networking, and cultural exchange. The event strengthened international collaboration and shared knowledge across chiropractic programs.

The weekend began with a welcome breakfast and opening remarks from organizers Rebecca Reiche and Sara Fröhlich. Scientific lectures included Prof. Dr. Petra Schweinhardt on central sensitization in head and neck pain, Prof. Dr. Mazda Farshad on spinal disorder treatments, and Dr. Mette Siegenthaler on pediatric chiropractic cases. After lunch, Dr. Lindsay Gorell presented her research on how chiropractic students adapt adjusting techniques using mannequins. The academic program was followed by a campus tour of UZH, including a visit to the anatomical collection and dissection rooms. The day concluded with a trip to the Lindt Chocolate Factory and a communal dinner with a panoramic view of Zurich.

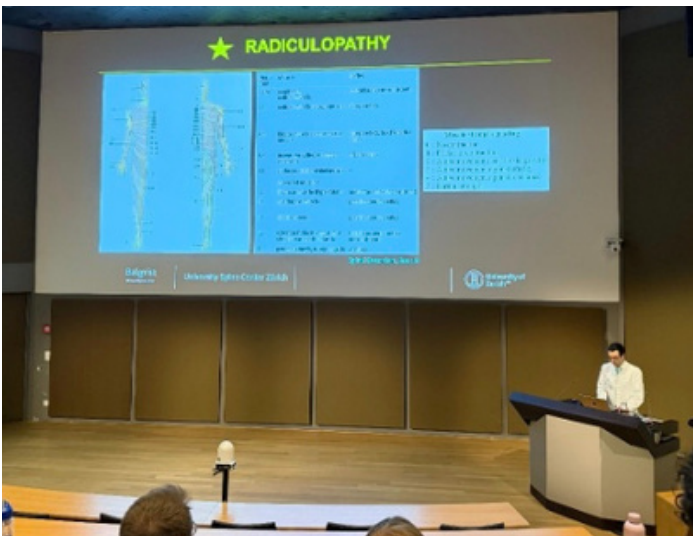
Saturday's program featured hands-on learning with Dr. Mike Heller introducing low-level light therapy, Dr. Lindsay Gorell discussing vertebral artery dissection, and Dr. Erman H. Küçük covering sensorimotor training for athletes. Dr. Florian Loser and Dr. Karen Gaard led a practical workshop on Gonstead pelvic analysis, while Viviane Deschler and Astrid Kurmann presented real patient cases and a tour of the student clinic. The day ended with free time to explore Zurich, followed by a group dinner at Lake Zurich.

Sunday's workshops included Dr. Roy Bösiger demonstrating functional muscle testing and Dr. Claude Supersaxo introducing the Thompson Drop Technique. The event concluded with a closing ceremony and a pizza lunch, marking a successful and enriching weekend.

A special thank you to all sponsors, speakers, volunteers, and participants who made the event possible. The WCCS European Regional Event 2025 fostered academic growth, hands-on experience, and strengthened international chiropractic bonds. We look forward to the next WCCS gathering!

Warm regards,
Rebecca Reiche
Head Delegate, University of Zurich (UZH)

A SNEAK PEAK OF THE EUROPEAN RE 2025!



INTERNATIONAL COLLABORATION

FICS SYMPOSIUM

Preelan G. (Director of Secretariat):

I had the incredible opportunity to attend the FICS Symposium in Kuala Lumpur from March 14th to 16th, 2025. This event was a fantastic opportunity for the World Congress of Chiropractic Students (WCCS) and the International Federation of Sports Chiropractic (FICS) to connect and collaborate. It highlighted the latest advancements in sports chiropractic and emphasized the importance of teamwork, research, and innovation.

A major benefit of the event was strengthening the relationship between WCCS and FICS. Through meaningful discussions and networking, it became clear that both organizations share a common goal: advancing chiropractic care in sports. This partnership will open doors for more student opportunities, including mentorship programs, research collaborations, and deeper involvement in sports chiropractic.

A key highlight was attending the FICS Executive Committee (ExCo) meeting, which gave me insight into how FICS operates globally and advocates for chiropractic in sports medicine. It was inspiring to see efforts to integrate chiropractic into mainstream sports healthcare. The symposium, themed "Navigating the World of Sports," featured world-class speakers, hands-on workshops, and panel discussions on topics such as upper limb fascia, hip, knee, and foot rehabilitation, as well as ACL injury management.



A key highlight was attending the FICS Executive Committee (ExCo) meeting, which gave me insight into how FICS operates globally and advocates for chiropractic in sports medicine. It was inspiring to see efforts to integrate chiropractic into mainstream sports healthcare. The symposium, themed "Navigating the World of Sports," featured world-class speakers, hands-on workshops, and panel discussions on topics such as upper limb fascia, hip, knee, and foot rehabilitation, as well as ACL injury management.

INTERNATIONAL COLLABORATION

FICS SYMPOSIUM CONT.

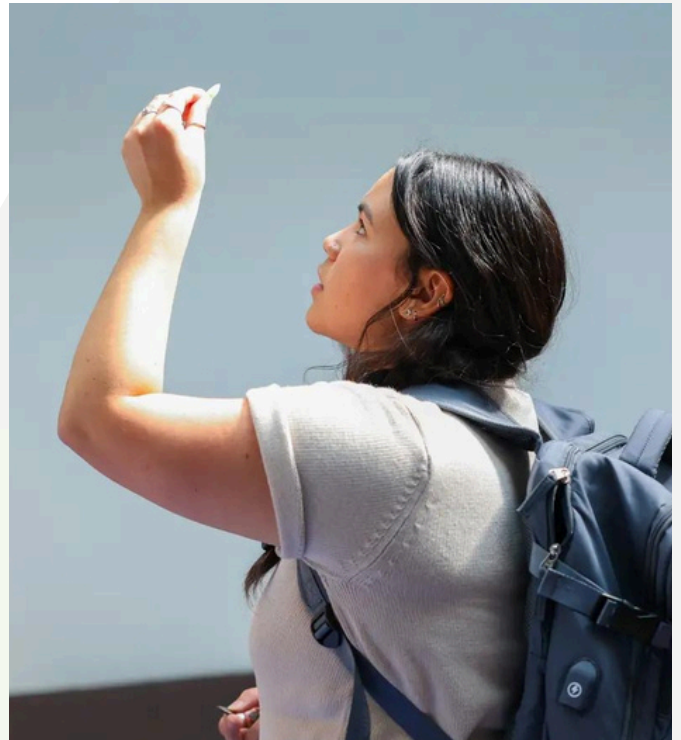
The second day offered workshops on connective tissue injuries, nerve entrapment syndromes, shockwave therapy, biomechanical taping, and wrist and hand injury rehabilitation. The event concluded with a panel discussion on parasport, focusing on the role of chiropractic in making sports accessible to all athletes and optimizing performance for para-athletes.

Attending the FICS Symposium was an invaluable experience that provided new knowledge and networking opportunities. Meeting professionals and students from around the world created new doors for collaboration. Strengthening our relationship with FICS will bring WCCS members more opportunities in sports chiropractic, such as mentorship and research projects.

Overall, the FICS Symposium was a remarkable event that reinforced chiropractic's vital role in sports medicine. The insights gained will help WCCS continue advocating for chiropractic on a global scale, and we look forward to building on these learnings and creating more opportunities for students in sports chiropractic.



MEMORABLE MOMENTS FROM THIS QUARTER



EXCLUSIVE FEATUURE

FEATURING PROFESSOR RICHARD BROWN



Professor Richard Brown, a 1990 graduate of the Anglo-European College of Chiropractic (AECC), now Health Sciences University (HSU), practiced privately for 25 years. He served as president of the British Chiropractic Association (2009-2013) and as the European Chiropractors' Union's first Secretary-General (2009-2015).

With extensive experience in collaboration across health professions, Richard worked in professional sports and was part of the medical team at the London 2012 Olympics. He also contributed to the World Spine Care project in Botswana in 2015.

A senior lecturer at the University of Glamorgan (now the University of South Wales), Richard has served on AECC's Board of Governors and as a UK Test of Competence examiner. He has lectured globally on chiropractic standards and education.

With a Masters in Law (LL.M) from Cardiff University, he has worked as a medicolegal consultant and expert witness in the UK and Ireland. As Secretary-General of the WFC, he led the Secretariat in Toronto and drove strategic initiatives. Richard was also a member of the chiropractic band, Audible Release.

Since 2015, the WCCS has enjoyed a close working relationship with Professor Brown, and we celebrate his significant contributions as he transitions from his role with the WFC.

As he retires from his role as the S.G. we took some time out to ask him about his journey!

What inspired you to take on the role of Secretary-General of the WFC, and how has your perspective on higher education evolved since you assumed the position?

My journey toward the role of Secretary-General of the World Federation of Chiropractic (WFC) was driven by a profound commitment to advancing the chiropractic profession on a global scale. Having practiced as a chiropractor for 25 years in the United Kingdom, I witnessed firsthand the transformative impact of chiropractic care on patients' lives. This experience fueled my desire to contribute to the profession beyond individual practice. Serving as President of the British Chiropractic Association and later as Secretary-General of the European Chiropractors' Union provided me with insights into the broader challenges and opportunities within our field. These roles underscored the importance of unified leadership and strategic vision in promoting chiropractic care worldwide. When the opportunity arose in 2015 to lead the WFC, an organization dedicated to supporting, empowering, promoting, and uniting the chiropractic profession internationally, I was inspired by the prospect of influencing positive change on a global platform.

Since assuming this position, my perspective on higher education within chiropractic has evolved significantly. I have come to recognize that robust, evidence-based education is foundational to the credibility and advancement of our profession. Engaging with educational leaders worldwide has highlighted the need for consistency and excellence in chiropractic training. This realization led to the development of initiatives such as the International Chiropractic Education Alliance (ICEA), aimed at fostering collaboration and sharing best practices among educational institutions. Furthermore, our collaboration with the World Health Organization to update the 2005 guidelines to a new Benchmark document on Training in Chiropractic reflects our commitment to setting global standards for chiropractic education. These experiences have reinforced my belief that advancing chiropractic education is pivotal to ensuring that practitioners are well-equipped to meet the evolving needs of patients and healthcare systems globally.

In summary, my tenure as Secretary-General has deepened my appreciation for the critical role of higher education in shaping the future of chiropractic. It has become evident that by elevating educational standards and fostering international collaboration, we can enhance the quality of care provided to patients worldwide and solidify chiropractic's role within the broader healthcare landscape.

Can you share a moment or achievement during your tenure as Secretary-General that you are particularly proud of?

One of the achievements I am particularly proud of during my tenure as Secretary-General of the WFC is the progress we have made in strengthening the global identity and credibility of the chiropractic profession. A defining time has been strengthening our successful collaboration with the World Health Organization (WHO) over the past decade including facilitating the project to update the 2005 WHO Guidelines on Basic Training and Safety in Chiropractic into a new Benchmarking for Training in Chiropractic. This initiative will be pivotal in setting global educational and professional standards, ensuring that chiropractic training aligns with evidence-based healthcare principles and meets the needs of patients worldwide.

Additionally, I take great pride in the expansion of our public health and advocacy initiatives, including our strong stance against misinformation in chiropractic and our commitment to promoting evidence-based practice. Through WFC's #BeEPIC campaign- encouraging chiropractic to be Evidence-based, People-centered, Interprofessional, and Collaborative - we have reinforced the profession's role within mainstream healthcare. Seeing the widespread adoption of these principles across member organizations has been incredibly rewarding.

Another major milestone was our response to the COVID-19 pandemic, where we worked hard to provide guidance, support, and resources for chiropractors around the world. Ensuring our members had access to the latest scientific evidence and public health guidelines was a responsibility we took very seriously.

These moments stand out as defining achievements because they reflect the core mission of the WFC - to support, empower, promote, and advance the chiropractic profession on a global scale. The impact of these efforts will hopefully continue to shape the future of chiropractic for years to come, and I am honored to have been able to play a part in this journey.



Where do you see the WFC in the next 5 to 10 years, and what steps are you taking to ensure its growth and relevance in a rapidly changing academic landscape?

Looking ahead, I see the World Federation of Chiropractic (WFC) continuing to evolve as the leading global voice for the chiropractic profession, ensuring its relevance within the broader healthcare landscape. Over the next 5 to 10 years, our focus will be on strengthening our role as an advocate for evidence-based chiropractic, expanding educational excellence, and fostering greater integration within multidisciplinary healthcare systems.

One of our key priorities is to enhance chiropractic education and training worldwide. We are committed to working with educational institutions and regulatory bodies to ensure that high-quality, evidence-informed curricula are at the heart of chiropractic programs. Through initiatives like the International Chiropractic Education Alliance (ICEA) and our collaboration with the World Health Organization (WHO) on the Benchmark for Training in Chiropractic, we are setting global standards that will guide the profession's future.

To ensure the WFC's continued growth and relevance, we are also strengthening our engagement with member organizations, academic institutions, and healthcare policymakers. Through initiatives like the #BeEPIC campaign - which promotes chiropractic as Evidence-based, People-centered, Interprofessional, and Collaborative -we are reinforcing the profession's role within mainstream healthcare. Expanding these advocacy efforts will be critical as we navigate a rapidly evolving healthcare environment.

Finally, we aim to expand chiropractic's role in public health by advocating for greater recognition of chiropractic care in global health policies. With the increasing demand for non-pharmacological, patient-centered care, we have a unique opportunity to position chiropractic as a key contributor to musculoskeletal health and well-being worldwide. Our footprint in global public health has been established through the WFC's coordination of World Spine Day, held on October 16 each year, as the world's largest event highlighting the burden of spinal pain and disability.

What do you think are the biggest challenges facing global higher education today, and how can the WFC address these challenges moving forward?

Global higher education is facing a number of significant challenges, particularly in the wake of rapid technological advancements, shifting healthcare needs, and increasing demands for evidence-based practice. Within chiropractic education specifically, some of the biggest challenges include ensuring consistency and quality in training programs worldwide, integrating new technologies into learning, and addressing the growing need for interprofessional collaboration.

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One of the most pressing issues is maintaining high standards of chiropractic education on a global scale. There is considerable variation in chiropractic training and accreditation between countries, which can create disparities in professional readiness and patient care. The WFC is actively addressing this challenge through initiatives like the International Chiropractic Education Alliance (ICEA) and our collaboration with the World Health Organization (WHO) to update global benchmarks for chiropractic education and training.

By working closely with educational institutions and regulatory bodies, we aim to establish a consistent, high-quality framework for chiropractic education worldwide.

Another challenge is the digital transformation of education. The shift toward virtual learning, artificial intelligence (AI), and other technological innovations is reshaping the way students and educators interact. While this provides exciting opportunities for accessibility and knowledge-sharing, it also raises questions about maintaining practical, hands-on training in chiropractic education. The WFC is committed to supporting institutions as they adapt to these changes, ensuring that blended learning approaches maintain the high clinical competency standards required in chiropractic practice.

Interprofessional collaboration is also becoming increasingly important in modern healthcare. As the role of chiropractic expands, chiropractors must be prepared to work alongside medical doctors, physiotherapists, and other healthcare professionals. The WFC is actively promoting evidence-based, people-centered, and collaborative chiropractic practice through our #BeEPIC campaign, which encourages educational institutions to integrate interdisciplinary training into their curricula.

Finally, funding and accessibility remain critical challenges for many chiropractic programs, particularly in developing regions. The WFC is working to support the expansion of chiropractic education in underserved areas, ensuring that more students worldwide have access to high-quality training programs.

Moving forward, the WFC will continue to advocate for excellence in chiropractic education, support institutions in adapting to new challenges, and promote greater integration within global healthcare systems. By embracing innovation, fostering collaboration, and maintaining rigorous educational standards, we can help shape a future where chiropractic education remains relevant, respected, and impactful on a global scale.

Can you talk about any initiatives the WFC has launched that aim to promote diversity and inclusivity within global academic networks?

Diversity and inclusivity are fundamental to the World Federation of Chiropractic (WFC) as we work to support and represent chiropractors across different regions, cultures, and healthcare systems worldwide. Recognizing the importance of a globally inclusive academic and professional environment, the WFC has launched several initiatives aimed at fostering greater representation, accessibility, and equity within chiropractic education and the profession as a whole.

One of our key initiatives in this area has been the drafting and updating of our Equity, Diversity and Inclusion Policy, which we see as a document that runs through everything we do as a global organization. We work tirelessly to highlight and address disparities in healthcare access and education, ensuring that chiropractic training and opportunities are open to individuals from all backgrounds.

A major step toward inclusivity has been our commitment to supporting chiropractic education in underrepresented and developing regions. Through collaborations with educational institutions, national chiropractic associations, and organizations like Eurospine we have worked to expand training opportunities and improve access to high-quality education in areas where the profession has historically been less established. Additionally, our #BeEPIC campaign, which stands for evidence-based, people-centered, inter-professional, and collaborative chiropractic, encourages institutions to embrace cultural competence and inclusivity in both education, research and practice.

By promoting people-centered care, we emphasize the importance of understanding and respecting the diverse backgrounds and healthcare needs of patients globally.

We have also taken proactive steps in ensuring that women and underrepresented groups have a stronger presence in chiropractic leadership and academia. The WFC has actively supported leadership development programs, conference panels, and research collaborations that provide a platform for diverse voices in chiropractic education and professional development.

Moving forward, the WFC remains committed to advancing diversity, equity, and inclusion across all facets of the chiropractic profession. By fostering a more inclusive academic and professional network, we can ensure that chiropractic care continues to evolve in a way that reflects the diverse populations it serves.



Looking back on your role as Secretary-General of the WFC, what advice would you give to those who aspire to work in the field of global higher education leadership?

Looking back on my tenure as Secretary-General of the World Federation of Chiropractic (WFC), I have gained invaluable insights into the challenges and opportunities that come with global higher education leadership. For those who aspire to work in this field, I would offer a few key pieces of advice.

First and foremost, embrace a global perspective. Higher education, particularly in healthcare professions like chiropractic, is deeply interconnected across regions and cultures. Understanding the diverse needs of students, educators, and institutions worldwide is essential to making meaningful contributions. Being open to different healthcare models, educational frameworks, and regulatory environments is a critical skill for leaders in this space.

Second, commit to lifelong learning and adaptability. The landscape of higher education is constantly evolving due to advances in technology, changes in public health priorities, and shifts in educational methodologies. Leaders in this field must remain adaptable, staying informed about the latest research, pedagogical innovations, and policy developments. The ability to embrace change and integrate new approaches is key to maintaining relevance and effectiveness.

Third, prioritize evidence-based decision-making and integrity. In global higher education leadership, credibility is built on trust and a commitment to high standards. Whether developing curriculum guidelines, advocating for policy changes, or engaging with academic institutions, it is essential to ground decisions in research and best practices. Promoting integrity in education ensures that students receive the best possible training, ultimately benefiting the communities they serve.

Fourth, develop strong communication and collaboration skills. Leadership in global higher education is not about working in isolation but about building relationships with stakeholders across various sectors - academic institutions, healthcare organizations, government bodies, and international associations - including the WFC. The ability to foster partnerships, facilitate dialogue, and bring people together toward common goal is an invaluable asset.

Finally, lead with a sense of purpose and advocacy. The role of higher education leaders extends beyond administration; it is about shaping the future of professions and improving access to quality education worldwide. Whether advocating for inclusivity, advancing public health initiatives, or strengthening professional standards, leaders must remain focused on the broader impact of their work.

As I reflect on my journey, I am reminded that effective leadership is built on humanity, humility and integrity. For those aspiring to enter this field, I encourage them to stay curious, remain committed to excellence, and seek out opportunities to make a lasting difference in global education.

As you prepare to move on, what legacy would you like to leave behind at the WFC?

As I prepare to move on from my role as Secretary-General of the World Federation of Chiropractic (WFC), I find myself reflecting on the progress we have made as an organization and the collective efforts that have helped advance the global chiropractic profession. My hope is that the WFC continues to build on its role as a champion for evidence-based chiropractic care, fostering collaboration across healthcare disciplines, and contributing to the long-term sustainability of the profession.

One of the areas I am particularly proud of is the emphasis on evidence-based practice as a foundation for modern chiropractic. Through initiatives like the #BeEPIC campaign, we have worked to reinforce the profession's credibility within the broader healthcare community. If I am remembered for anything, I hope it is for having played a small part in supporting scientific integrity, professional excellence, and a commitment to person-centered care.

Another key area of focus has been expanding the global reach of chiropractic education. By working with the World Health Organization (WHO) on the new Benchmark for Training in Chiropractic, the WFC has contributed to the development of high educational and clinical standards for chiropractors worldwide. The launch of the International Chiropractic Education Alliance (ICEA) has also been a significant step in helping institutions collaborate and strengthen chiropractic training globally. These achievements have been the result of a collective effort from educators, institutions, and stakeholders across the profession.

I am also encouraged by the strides we have made in promoting inclusivity and diversity within the chiropractic profession. Expanding access to chiropractic education and ensuring that underrepresented groups have greater opportunities in the field has been an important priority. While there is still work to be done, I hope that these efforts will inspire future leaders to continue advocating for equity and accessibility in chiropractic education and practice.

Above all, I hope that my time at the WFC has contributed in some way to uniting the global chiropractic community. Strengthening relationships between chiropractors, educators, researchers, and policymakers has been an

essential part of our mission, ensuring that chiropractic continues to evolve as an integral part of multidisciplinary healthcare systems.

As I step away from this role, I do so with gratitude for the incredible colleagues, mentors, and partners I have had the privilege of working with. The progress we have made has been a shared effort, and I am confident that the WFC will continue to grow and thrive under the leadership of those who are committed to advancing the profession for the benefit of patients worldwide.

How has your experience as Secretary-General influenced your own personal philosophy on education and its impact on society?

My experience as Secretary-General of the World Federation of Chiropractic (WFC) has reinforced my belief that education is one of the most powerful tools for shaping not only individual careers but entire professions and societies.

Over the years, I have seen firsthand how access to quality education can elevate standards, empower individuals, and ultimately improve healthcare outcomes on a global scale. One of the most important lessons I have learned is that education must be dynamic, continuously evolving to meet the needs of society. In chiropractic, as in many healthcare professions, knowledge is constantly advancing, and it is essential that education keeps pace with the latest research and best practices. This has strengthened my personal belief in the importance of competency- and evidence-based learning - ensuring that students and practitioners are equipped with the most up-to-date, scientifically validated information.

My time at the WFC has also deepened my appreciation for the role of education in fostering inclusivity and global collaboration. I have had the privilege of working with institutions and educators from all over the world, each bringing unique perspectives and challenges. This experience has taught me that education is not just about acquiring knowledge; it is about building bridges between cultures, disciplines, and communities. When we prioritize inclusivity and accessibility in education, we create opportunities for more people to contribute to and benefit from the collective progress of society.

Another key realization has been the impact of education on professional identity and public trust. The credibility of any healthcare profession - including chiropractic - depends on the strength of its educational foundation. By advocating for higher standards in chiropractic education and working alongside global organizations like the World Health Organization (WHO), I have come to see education as the cornerstone of professional legitimacy.

A well-educated workforce is not only more competent but also better positioned to collaborate within broader healthcare systems and gain the trust of patients and policymakers.

Ultimately, my time as Secretary-General has reinforced my belief that education should be a lifelong pursuit. Whether as students, educators, or professionals, we must remain committed to learning, adapting, and growing. When education is driven by curiosity, integrity, and a commitment to service, its impact extends far beyond the classroom - it shapes the way we care for others and contribute to the world around us.

You have chosen to work closely with the WCCS for a number of years. In your opinion and observance, what are some key challenges the WCCS faces in bringing together such a diverse range of academic institutions and schools worldwide?

Over the years, I have had the privilege of working closely with the (WCCS), an organization that plays a vital role in shaping the future of the chiropractic profession. Bringing together students from a diverse range of academic institutions and schools worldwide is both a great strength and a significant challenge. From my observations, the WCCS faces several key challenges in achieving its mission of uniting and representing chiropractic students globally.

One of the primary challenges is navigating the differences in chiropractic education worldwide. Chiropractic programs vary significantly from country to country in terms of curriculum, accreditation standards, scope of practice, and philosophical approaches.

This diversity, while enriching, can also make it difficult to establish common ground on key issues. Ensuring that all student voices are heard and that discussions remain inclusive of different educational experiences is an ongoing challenge for the WCCS.



Another challenge is engagement and continuity of leadership. The transient nature of student organizations means that leadership changes frequently as students graduate and move into professional practice. Ensuring that institutional knowledge, momentum, and long-term initiatives are maintained from one leadership team to the next requires strong internal structures and strategic planning.

The WCCS also faces the challenge of ensuring equal representation and participation from all regions of the world. While chiropractic education is growing globally, some regions have fewer resources, lower student engagement, or limited opportunities for international collaboration. Encouraging participation from underrepresented institutions and ensuring that all students have access to the same opportunities is a challenge that requires ongoing effort.

Additionally, financial sustainability and accessibility are ongoing concerns. As a student- led organization, funding for travel, conferences, and operational costs can be a barrier for some members. Ensuring that all students - regardless of their institution's resources-have equal access to WCCS events and opportunities is essential for maintaining a truly global and inclusive network.

Despite these challenges, the WCCS continues to serve as an invaluable platform for student engagement, leadership development, and global collaboration. The organization has shown resilience and adaptability in addressing these obstacles, and I have great admiration for the students who dedicate their time and energy to its mission. With strong leadership, strategic planning, and continued support from the wider chiropractic community, the WCCS will remain a driving force in shaping the future of the profession.

In your opinion, what are the most pressing issues the WCCS must focus on in the next few years to continue strengthening its influence and impact globally?

WCCS has a unique and vital role in shaping the future of the chiropractic profession. To continue strengthening its influence and impact globally, I believe there are several key areas the organization should focus on in the coming years.

First, ensuring greater global representation and inclusivity should remain a priority.

While the WCCS already brings together students from diverse backgrounds and institutions, there are still regions where chiropractic education and student engagement remain underdeveloped. Expanding outreach efforts to ensure that students from all parts of the world, particularly from emerging chiropractic programs, have a voice in the organization will be essential for its long-term impact.

Second, the WCCS should continue to promote evidence-based practice and critical thinking among students. The future of chiropractic depends on its ability to align with modern healthcare standards, and students must be equipped with the knowledge and skills to integrate into broader healthcare systems. Strengthening partnerships with academic institutions, researchers, and organizations like the WFC to provide access to high-quality educational resources will help WCCS members become leaders in evidence-based care.

Third, enhancing leadership development and continuity within the organization will be key to maintaining momentum and long-term sustainability. As a student-led body, leadership turnover is inevitable, but ensuring smooth transitions and knowledge transfer between successive teams will help the WCCS maintain consistency in its vision and initiatives. Establishing strong mentorship programs and alumni engagement strategies could further strengthen the organization's ability to cultivate future leaders.

Fourth, financial sustainability and accessibility must be a focus. As a global student organization, funding remains a challenge, particularly when it comes to ensuring students from all economic backgrounds can participate in events and initiatives. Seeking sustainable sponsorships, grants, and strategic partnerships with other chiropractic organizations could help the WCCS expand its resources and reach more students worldwide.

Finally, strengthening interprofessional collaboration and advocacy will help solidify the WCCS's role as a voice for chiropractic students within the broader healthcare landscape.

Encouraging interdisciplinary dialogue and active participation in global health discussions will help ensure that future chiropractors are well-prepared to work alongside other healthcare professionals in a collaborative and patient-centered manner.

By focusing on these areas, I'm confident that the WCCS can continue to grow as a strong and respected organization, empowering chiropractic students to be future leaders, advocates, and innovators in the profession. The WFC remains committed to supporting the WCCS in its mission, and I have no doubt that with the right strategic focus, it will continue to have a lasting and meaningful impact worldwide.

Having worked so closely with the WCCS, what has been the most rewarding aspect for you personally in seeing the organization's work come to fruition?

Working closely with the World Congress of Chiropractic Students (WCCS) has been one of the very rewarding aspects of my tenure as Secretary-General of the WFC. The enthusiasm, dedication, and vision that chiropractic students bring to the profession are truly inspiring, and seeing their work come to fruition has been both gratifying and encouraging for the future of chiropractic.

For me, the most rewarding aspect has been witnessing the growth and development of students into confident, capable, and passionate leaders. Many WCCS members go on to become key figures in chiropractic, whether in clinical practice, research, education, or professional leadership. Seeing students transition from their academic journey into influential roles within the profession is a powerful reminder of why student engagement and leadership development are so important.

Another deeply fulfilling aspect has been seeing the WCCS's ability to unite students from diverse educational backgrounds and cultures. Chiropractic is a global profession with varying scopes of practice, educational models, and healthcare landscapes. Despite these differences, WCCS members come together with a shared commitment to advancing chiropractic. The ability of students to engage in open, respectful dialogue, exchange ideas, and find common ground is a testament to the strength of the organization.

I have also been inspired by the impact WCCS has had in shaping discussions around chiropractic education and professional standards. The organization provides a platform for students to contribute meaningfully to conversations about the future of chiropractic, ensuring that their voices are heard at the highest levels. Whether through policy discussions, advocacy efforts, or international collaboration, WCCS has proven that students have a vital role in shaping the profession.

Finally, seeing the lifelong connections and friendships that are built through WCCS has been incredibly rewarding. Many of the relationships formed within the organization continue well beyond student years, fostering a global network of chiropractors who support each other throughout their careers. Being part of this journey has been an absolute privilege, and I have no doubt that WCCS will continue to thrive and inspire future generations of chiropractic students. The dedication of its members reassures me that the future of the profession is in capable and passionate hands.

What advice would you offer to universities and schools around the world about how they can get more involved with the WCCS and contribute to its mission?

Universities and chiropractic schools play a crucial role in shaping the future of the profession, and their engagement with WCCS can have a lasting impact on student development, academic collaboration, and the advancement of chiropractic globally. I would encourage institutions to take several key steps to become more involved and actively contribute to the WCCS mission.

First, universities and schools should actively support and encourage student participation in the WCCS. Faculty and administrators can play a key role by promoting awareness of WCCS within their institutions, encouraging students to become members, and recognizing the value of leadership, advocacy, and global engagement that the organization fosters. Schools that support their students in attending WCCS events, conferences, and meetings help cultivate future leaders who will contribute to the profession beyond graduation.

Second, institutions can facilitate access to resources and mentorship opportunities for students involved in WCCS. Providing access to faculty mentors, research opportunities, and guest lectures from international experts can enrich students' understanding of global chiropractic education and professional trends.

Schools can also support student-led initiatives, such as research projects or policy discussions, that align with WCCS priorities.

Third, schools should strengthen academic collaboration and partnerships through WCCS engagement. Chiropractic institutions can work together through the WCCS network to share best practices in education, curriculum development, and research. Encouraging cross-institutional dialogue on important issues such as accreditation standards, clinical training models, and evidence-based practice can lead to greater consistency and quality in chiropractic education worldwide.

Fourth, universities and schools can actively support WCCS events by hosting, sponsoring, or participating in conferences and workshops. Institutions that offer their facilities or resources for regional or international WCCS gatherings help ensure that students have opportunities to engage in meaningful discussions, develop leadership skills, and broaden their perspectives on the profession.

Finally, institutions should recognize and celebrate student achievements within WCCS. Schools that formally acknowledge student contributions to WCCS, whether through awards, academic credit, or leadership recognition, help reinforce the value of active engagement in the organization. By taking these steps, universities and schools can help strengthen the WCCS, support the professional growth of students, and contribute to the continued advancement of chiropractic worldwide. The WFC fully supports the work of WCCS, and I encourage academic institutions to embrace their role in shaping the next generation of chiropractors by becoming more involved in this important global organization.



TESTIMONIALS FROM WCCS ALUMNI WHO WORKED CLOSELY WITH DR BROWN



L-R: Dr R. Brown, Dr T. Abrahams, Dr M.Y. Tagari, Dr J. Maltby and Prof A. Woolf at the World Health Assembly 2023

"Working alongside Dr Brown has been an absolute delight! He has promoted and rallied behind the WCCS in some of the toughest times our organisation has endured. His approachability and "open-door" policy has been phenomenal. I have enjoyed gaining insight from his vast array of knowledge on the global chiropractic and every-changing medical sphere. It has been a privilege to work closely with him. The WFC and WCCS have indeed taken strides forward because of his leadership and dedication to his role as Secretary-General. Dr Beira has big shoes to fill... literally, Dr Brown is very tall! All jokes aside, I would like to thank Dr Brown for all the great opportunities he and the WFC have afforded the WCCS and may we continue to enjoy a constructive working relationship with the WFC."

Tamia Abrahams, Immediate Past President

"Dr. Richard Brown has been an instrumental figure in advancing chiropractic education and the profession on an international scale. I first had the privilege of meeting Dr. Brown at my first AGM in 2019, when I was a newcomer to chiropractic and had just joined the WCCS. As a guest speaker, he addressed the importance of advancing chiropractic awareness worldwide and the challenges that come with it—particularly the differing approaches to chiropractic education and practice, as well as the debates surrounding techniques and philosophies. Dr. Brown emphasized that while we may not always agree on everything, what matters most is our shared goal: to provide the best care for our patients. He encouraged us to focus on patient-centered care, understanding that the diverse needs of patients must guide our work rather than focusing solely on professional debates. His message was powerful and resonated deeply: "It is the richness in diversity that has taken this profession to where it is today." Throughout my time with the WCCS, Dr. Brown has been a constant and steady figure, inspiring students to put in the extra effort to spread chiropractic care and make it accessible to all. His experience and support for the WCCS have been invaluable. It has been a true pleasure working with Dr. Brown—his wisdom, guidance and British humor have enriched us all and left a lasting impact on the chiropractic community."

Michelle Fontana, European Regional Coordinator



Dr Tagari and Prof Richard Brown at the 76th World Health Assembly 2023

"I would like to thank Richard for the incredible support he has given me and so many other students. He has been such an inspiration and a wonderful person to work with in every capacity. He provided me with perspective, hope, and understanding of the profession early on, shaping my career in chiropractic. Thank you for all that you do."

Dr Louisa Conradi, alumnus and past President 2021/2022

"Prof. Richard Brown—a man who needs no introduction—has been an extraordinary leader for the chiropractic profession on a global scale, tirelessly representing us across the broader medical fraternity. His impact extends far beyond policy and leadership—he has profoundly influenced countless individuals worldwide, shaping the careers of chiropractors from all corners of the globe. He has been a mentor and guiding force for generations of practitioners who have come through various chiropractic organizations, fostering growth, unity, and excellence. I have been incredibly fortunate to be one of them, learning from him firsthand and receiving invaluable guidance and mentorship throughout my chiropractic journey. Despite holding highly esteemed positions, he has always led with grace, humility, and an unwavering willingness to support and uplift those around him. His wisdom, kindness, and encouragement have had a profound impact on me, shaping not just my approach to chiropractic but also my perspective on leadership, advocacy, and service. His lectures and teachings are nothing short of exceptional, consistently going above and beyond to educate, challenge, and inspire. His mentorship will leave a lasting legacy, ensuring that generations of chiropractors to come continue to benefit from his vision, dedication, and generosity. It has been a true privilege to work with and learn from him over the years."

Dr Muhammad Yaseen Tagari, alumnus and past Board of Directors 2021-2023

"I first met Professor Richard Brown in 2017 as a young and eager second-year chiropractic student attending my first WCCS event. From that very moment, his passion for the profession and his unwavering commitment to mentoring the next generation of chiropractors left an indelible mark on me.

Throughout my journey—from student to professional—I have been fortunate to collaborate with him on various occasions. His support has been a constant source of inspiration, from my early involvement in chiropractic leadership to presenting at a WFC Education Conference as I concluded my studies. Countless Zoom meetings, insightful conversations, and moments of guidance later, I have always known that if I ever found myself perplexed, he would be there to offer clarity and encouragement.

Early in my career, I became involved with the WCCS, starting at the local level and eventually serving on the Board of Directors as Director of External Affairs, where I had the privilege of liaising directly with key stakeholders and the WFC. More recently, as a board member of Spine Health Africa, I have continued to benefit from Professor Brown's wisdom and guidance. His insights and encouragement have been invaluable as I navigate leadership within the profession.



Dr Louisa Conradi and Dr Richard Brown at the WFC Educational Congress in 2022

Professor Brown has been instrumental in ensuring that the future leaders of our profession not only have a voice but also a seat at the table. His dedication to laying down strong foundations, fostering leadership, and championing the chiropractic profession globally has set a standard we can all aspire to.

As he concludes his tenure as Secretary-General of the WFC, I extend my deepest gratitude for his unwavering support and for creating opportunities that will continue to shape the future of chiropractic. His legacy will undoubtedly live on through the many lives he has touched—including mine.

Thank you, Professor Brown, for everything!"

Dr Keiron Boosi, alumnus and past Board of Directors 2021/2022

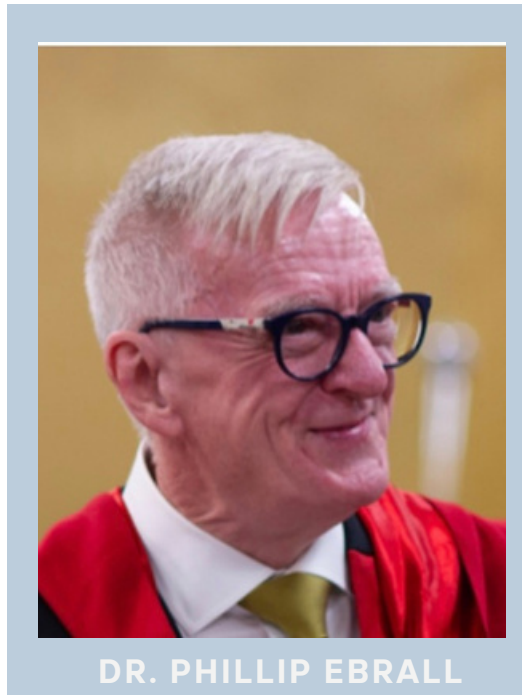


Selfie during the proceedings! Prof R Brown, Dr T Abrahams and Dr M.Y. Tagari cracking a smile during the World Health Assembly 2023.

SPECIAL MOMENTS FROM THE 2025 REGIONAL EVENTS THUS FAR



ALUMNI SPOTLIGHT

**Phillip Ebrall**

BAppSc(Chiropr),
GC Tert LearnTeach,
MPhotog,
PhD,
DC (Hon),
FACCS,
FICCS
Research Scientist: History
and Philosophy -Chiropractic
[Field 220299]

Phillip Ebrall, Class of 1989 alumni of Phillip Institute of Technology Melbourne.

Phillip Ebrall has had a diverse academic career, focusing on lesson planning, competency assessment, and curriculum design, with a passion for continuous improvement. A citizen of Asia and a resident of Australia, he works across borders and now volunteers to curate emerging programs. Starting in 1990 as a Lecturer at RMIT University, he became Associate Professor and Discipline Head by 2003. In 2011, Phillip became the founding Professor of Chiropractic at Central Queensland University, where he established Australia's first chiropractic program in a regional city. He retired in 2014 due to illness but has since recovered. Phillip has developed and managed chiropractic curricula in eight programs across five countries, ensuring accreditation compliance. He has influenced programs in Asia and served as President of the Tokyo College of Chiropractic from 2018. His second textbook, *A Philosophy of Chiropractic*, is now available online.

Current Projects: Developing curricula for new chiropractic programs and editing the Asia-Pacific Chiropractic Journal.

Why did you choose Chiropractic as your profession?

After achieving success in commercial broadcasting, my chiropractor suggested I pursue chiropractic, and I decided to take the plunge.

How did you get involved with the WCCS? Elaborate on your experience within your involvement during your time in the WCCS

In 1987, my college funded a delegation to the WCCS Congress. I was part of that group, and the 1987 Congress voted to hold the 1988 Congress in Melbourne. I was elected President and Chair to make it happen.

How did you benefit from being involved with the WCCS?

WCCS taught me to communicate with diverse, critical thinkers and gave me the chance to work with groups from many institutions. I also appreciate its ability to bridge cultures and languages.

What advice would you give to current WCCS members/ prospect members/new graduates?

Value your critical thinking skills, trust your decisions, and dream big. If you can imagine it, you can achieve it!

MEMBERSHIP SPOTLIGHT

It's a pleasure to meet you! My name is Camryn Arledge, and I am currently a chiropractic student at SCUHS, set to graduate in the winter of 2025. I hold the positions of SCUHS WCCS Club President and WCCS Legislative Chair. Most days, I'm either working in the clinic or observing patient care alongside clinical directors. In my free time, you'll find me gardening outside with my dog or enjoying games and winning prizes at an arcade.

My passion for chiropractic grew out of my experiences with mainstream medicine. I struggled to find positive, productive outcomes when seeking traditional healthcare, which inspired me to pursue a profession where I could provide the care and services that truly help individuals heal. I became drawn to chiropractic because it addresses the whole body, and when I discovered it, I knew it was exactly what I needed to feel confident and composed enough to call myself a doctor.

Since beginning my studies at SCUHS, I've gained an exponential understanding of the many ways chiropractors can heal and the varying scopes of practice we operate within. My interest in WCCS was sparked when our professional staff shared their experiences within the organization. I saw an opportunity to learn more and collaborate with chiropractors globally, and that drove me to restart our SCUHS chapter within WCCS.

After attending our first AGM, my goals for chiropractic became clearer; to uncover the multitude of research, techniques, and practice styles within our world of chiropractic. Within my position as legislative chair at WCCS, the goal is simple, create an inclusive and equitable resource for our new members but to also establish a framework of governance that our current members and chapters can feel the benefits, collaboration, and support we aim to provide within WCCS.

I want to applaud our members for their leadership and focus in submitting proposals this year. Working on them with our members has been a highlight for the legislative committee. We aim to do justice to these proposals and continue providing opportunities for growth and reflection as we build the organization.

As I gear up for graduation, I am pursuing an internship at the Veterans Affairs - West Los Angeles under Dr. Enya Katz, to gain more sports injury based clinical training but to also learn hands on skills while having access to clinicians that have developed a strong understanding of cases within the VA. It has always been a passion of mine to treat our veterans as they have to have compatible athleticism for their job. I plan to work within this population through the rest of my program while also adding to my education the tools necessary for running a business at my current private practice clinician.



CAMRYN ARLEDGE

DC STUDENT AT SOUTHERN CALIFORNIA UNIVERSITY
OF HEALTH SCIENCE

EXTERNAL ORGANIZATIONS RESEARCH AND PUBLICATIONS



ASIA PACIFIC CHIROPRACTIC (APC) JOURNAL

Imagine a world where access to chiropractic care isn't a privilege but a lifeline for entire communities. What if a single adjustment could change a life?

In "Empowering Communities Through Chiropractic: The Impact of Giving Back," Preelan Govender dives into the incredible power of chiropractors stepping beyond their clinics and into the heart of underserved populations. This isn't just about spinal health—it's about hope, resilience, and transforming lives one adjustment at a time.

Want to see how chiropractic can be a force for change? Read it now and get inspired.

EXCITING UPDATES FROM THE WCCS!



 FICS Symposium – Kuala Lumpur, Malaysia (March 2024)

WCCS on the world stage : Preelan Govender is proudly representing chiropractic at the prestigious FICS Symposium in Kuala Lumpur. The WCCS is making waves on the global stage! Our very own secretary, Preelan, is currently in Kuala Lumpur, representing our organisation at the FICS (Fédération Internationale de Chiropratique du Sport) Symposium. This leading event brings together health and sports performance experts from all over the world, offering a unique opportunity to discuss advances in chiropractic in the field of sport.

The aim? This symposium is set to be a dynamic crossroads for innovation and collaboration, and the participation of the WCCS is essential if we are to continue to promote chiropractic worldwide. Stay tuned for more updates! We'll be sharing all the highlights and Preelan's insights straight from Kuala Lumpur very soon, so stay tuned! Stay tuned and follow us on social media for all the latest updates!

World Spine Day – Stronger than ever

We are thrilled to announce that our partnership is stronger than ever, and we are poised to make World Spine Day even more impactful than ever before!

This year is set to be a new and exciting chapter in our collaboration with World Spine Day! Our aim? We are so excited to offer you clearer, more structured support to help you organise your actions more effectively and maximise your impact. And that's not all – each year, the most committed chapters and schools are honoured with awards. This is the perfect opportunity to mobilise your community, raise awareness of spinal health and showcase your commitment on an international scale.

The World Spine Day campaign is already up and running, and we'll keep you updated as it develops. In the meantime, get informed now by visiting the official World Spine Day and WFC websites. Join the movement today and make your voice heard – together, we can make a real difference in promoting spinal health!

Stay connected for more updates and opportunities to get involved. Together, we're shaping the future of chiropractic!



WCCS

World Congress of Chiropractic Students

Empowering communities through Chiropractic: The impact of giving back

Preelan Govender

Indexing terms: Chiropractic; World Congress of Chiropractic Students, WCCS; Community engagement.

Introduction

As Chiropractors and Chiropractic students, our role extends far beyond the confines of a clinic or classroom. We are part of a larger healthcare ecosystem and have the unique opportunity to make a lasting impact on our communities. Giving back is not just a noble endeavour, it is an essential aspect of our profession that reinforces the core principles of Chiropractic care such as service, healing, and holistic well-being.

Community engagement allows chiropractors to connect with people on a deeper level, fostering trust and awareness about the benefits of chiropractic care. Many individuals remain unaware of how Chiropractic can help with pain management, mobility, and overall wellness. By participating in outreach programs, free health screenings, and educational workshops, we can bridge this gap and empower people with knowledge that may transform their lives.

For Chiropractic students, involvement in community service provides invaluable experience. Volunteering at events, assisting in wellness programs, and participating in public health initiatives expose students to real-world patient interactions, enhancing their clinical and interpersonal skills.

... By dedicating time and effort to community service, we uphold the true essence of Chiropractic...



Access to healthcare remains a significant challenge in many communities, particularly in underserved areas. Chiropractic care, with its emphasis on non-invasive, drug-free treatment, can serve as an essential component of holistic healthcare. By offering free or discounted services to those in need, chiropractors can help alleviate pain and improve quality of life for individuals who may not otherwise afford care. Students can get involved by organising community outreach events, working with local shelters, or partnering with other healthcare providers to offer interdisciplinary care. These experiences not only contribute to the well-being of others but also shape students into compassionate and socially responsible practitioners.

Engaging in service based initiatives builds leadership, teamwork, and communication skills, qualities that are crucial for a successful Chiropractic career. Additionally, community service enhances one's reputation and credibility, positioning chiropractors as trusted healthcare professionals within society. Many Chiropractic students and professionals find that their most rewarding experiences come from making a difference in people's lives. Whether it's helping an elderly person regain mobility, educating youth about spinal health, or supporting an athlete's recovery, these moments reaffirm why we chose this profession in the first place.

By actively giving back, Chiropractors and students serve as role models for future generations of healthcare providers. Demonstrating a commitment to service encourages young professionals to embrace the responsibility of using their skills for the greater good. Chiropractic institutions and student organisations, such as the *World Congress of Chiropractic Students* (WCCS), play a critical role in fostering this culture of service by promoting community involvement among students worldwide, by actively engaging in SDG week and using our CHAP (Chiropractic humanitarian assistance program) committee to promote community service and giving back.

Chiropractic is more than just a career it is a calling to serve, heal, and uplift those around us. Giving back to the community strengthens the profession, improves public health, and creates meaningful connections that extend beyond the treatment room. Whether you are a seasoned Chiropractor or a student just beginning your journey, embracing the spirit of service will not only enrich the lives of others but also leave a lasting legacy of care and compassion.

By dedicating time and effort to community service, we uphold the true essence of Chiropractic, which helping people live healthier, pain free lives, one adjustment at a time.

Everybody can be great, because everybody can serve

Martin Luther King Jr.



WCCS
World Congress of Chiropractic Students

Inspiring Unity.
Respecting Diversity.
Leading with Integrity.

Preelan Govender

BHSc (Chiropr), MHSc(Chiropr)(c)

Durban University of Technology

Durban, South Africa

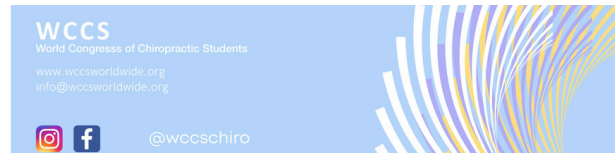
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secretary@wccsworldwide.org

Cite: Govender P. Empowering communities through Chiropractic: The impact of giving back [WCCS]. Asia-Pac Chiropr J. 2025;5.4.
www.apcj.net/papers-issue-5-4/#GovenderCommunities

Note: All contributions from the WCCS are gathered at apcj.net/WCCS
Email to president@wccsworldwide.org

PARTNERSHIP ORGANIZATIONS



The WCCS continues to maintain relationships with other organizations such as the GWHN youth hub, the International Federation of Sports Chiropractic and World Spine Care through the World Federation of Chiropractic and the International Chiropractic Regulatory Society.



We appreciate the support and recognition that this partnership has given us. It has enabled us to contribute to important conversations about key issues in our field by highlighting the unique perspectives and insights of chiropractic students through collaboration with this journal. Our ongoing collaboration is deeply valued as it allows us to share our knowledge and expertise with a broader audience and engage in meaningful discussions with thought leaders in the field.



Fédération Internationale de Chiropratique du Sport, known as (FICS) is an organization with a worldwide membership. As the leaders in Sports Chiropractic, they strive to provide equitable access to sports chiropractic care, education, mentoring, and research to all athletes and sports chiropractors regionally, nationally, and internationally. FICS has developed student clubs at chiropractic schools across the globe and allows for student development in the field of sports chiropractic through their mentorship and scholarship projects.



The Global Health Workforce Network (GWHN) Youth Hub is an interprofessional community of practice, hosted by the Health Workforce Department at the WHO. The focus of the hub is to systematically include youth issues related to employment, practice and the work environment in the health and social care sector. Through advocacy, research and capacity building, efforts, the The Global Health Workforce Network (GWHN) Youth Hub is an interprofessional community of practice, hosted by the Health Workforce Department at the WHO. The focus of the hub is to systematically include youth issues related to employment, practice and the work environment in the health and social care sector. Through advocacy, research and capacity building, efforts, the



The World Federation of Chiropractic is an international consulting body representing chiropractic to the international health care community. The WFC is a non-state actor in official relations with the World Health Organization. The relationship between the WCCS and the WFC allows for the student chiropractic body to be represented on a greater global platform and to a wider healthcare network.